

# MomCare®

Multivitamins & Multiminerals

## Composition

**MomCare®** tablet: Each coated tablet contains Vitamin B<sub>1</sub> (Thiamine Nitrate BP) 500 mcg, Vitamin B<sub>2</sub> (Riboflavin BP) 750 mcg, Vitamin B<sub>3</sub> (Nicotinamide BP) 7.5 mg, Vitamin B<sub>6</sub> (Pyridoxine Hydrochloride BP) 750 mcg, Vitamin B<sub>12</sub> (Cyanocobalamin BP) 1.5 mcg, Folic Acid (as Folic Acid Hydrate BP) 250 mcg, Vitamin C (Ascorbic Acid BP) 15 mg, Vitamin D<sub>3</sub> (Colecalciferol BP) 250 IU, Vitamin E USP 5.2 IU, Vitamin A (as Betacarotene BP) 3 mg, Calcium (as Anhydrous Calcium Hydrogen Phosphate BP) 59 mg, Phosphorus (as Anhydrous Calcium Hydrogen Phosphate BP) 45.6 mg, Magnesium (as Heavy Magnesium Oxide BP) 15 mg, Iron (as Ferrous Fumarate BP) 5 mg, Zinc (as Zinc Sulfate Monohydrate USP) 8 mg & Iodine (as Potassium Iodide BP) 125 mcg.

## Pharmacology

**MomCare®** tablet is a combination of 16 essential nutrients to provide multivitamins & multiminerals support when planning conception, throughout pregnancy and while breast feeding. It is carefully developed by experts so that all ingredients are within safe levels for pregnancy and are moderate rather than excessive. It provides iodine to promote healthy development of baby's brain, eyesight & hearing, provides folic acid that may reduce the risk of brain and/or spinal cord birth defects such as spinal bifida if taken daily for 1 month prior to conception and throughout pregnancy. It provides vitamin D to support calcium absorption to assist with healthy development of baby's bones.

## Indication

**MomCare®** tablet is indicated for pregnant and lactating mothers. It fulfils the increased demand of nutrients during pregnancy and lactation and thus ensures healthy baby.

## Dose and administration

**Route of administration:** **MomCare®** tablet can be taken in oral route preferably with a meal.

It should be taken two tablets daily or as prescribed by the physician.

## Contraindication

Multivitamins & multiminerals are contraindicated in patients with a known hypersensitivity to it or any other components of this product.

## Warning and precaution

If any pregnant woman has a baby with neural tube defect she is advised to consult with her physician. To be dispensed only on the prescription of a registered physician.

## Side effects

Generally well tolerated. No clinically significant side effects or toxicity are reported with such kind of preparation.

## Use in pregnancy & lactation

**Pregnancy:** It is recommended to use in pregnancy.

**Lactation:** It is recommended to use in lactation.

## Use in children and adolescents

The safety and efficacy of multivitamins & multiminerals of this preparation in children and adolescents have not been established.

## Drug interaction

**Drug interaction with medication:** No drug interactions have been reported.

**Drug interaction with food and others:** Not applicable.

## Overdose

There is no adequate study regarding overdose of multivitamins & multiminerals.

## Storage

Store below 30°C in a dry place, protected from light. Keep away from the reach of children.

## Packing

**MomCare®** tablet: Container of 60 tablets.

® Registered Trade Mark



**Advanced Chemical  
Industries PLC.**

7, Hajeegonj Road, Godnyl  
Narayanganj, Bangladesh